

## KS3 – PSHE OVERVIEW

	Term 1 Health & wellbeing	Term 2 Living in the wider world	Term 3 Relationships	Term 4 Health & wellbeing	Term 5 Relationships	Term 6 Living in the wider world
Year 7	<b>Transition and safety</b> - Transition to secondary school, personal safety in and outside school, including first aid	<b>Developing skills &amp; aspirations</b> - Careers, teamwork and enterprise skills, and raising aspirations	<b>Diversity</b> - Diversity, prejudice, and bullying	<b>Health and puberty</b> - Healthy routines, influences on health, puberty, unwanted contact, and FGM	<b>Building relationships</b> - Self-worth, romance and friendships (including online) and relationship boundaries	<b>Financial decision making</b> - Saving, borrowing, budgeting and making financial choices
Year 8	<b>Drugs and alcohol</b> - Alcohol and drug misuse and pressures relating to drug use	<b>Community and careers</b> - Equality of opportunity in careers and life choices, and different types and patterns of work	<b>Discrimination</b> - Discrimination in all its forms, including: racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia	<b>Emotional wellbeing</b> - Mental health and emotional wellbeing, including body image and coping strategies	<b>Identity and relationships</b> - Gender identity, sexual orientation, consent, 'sexting', and an introduction to contraception	<b>Digital literacy</b> - Online safety, digital literacy, media reliability, and gambling hooks
Year 9	<b>Peer influence, substance use and gangs</b> - Healthy and unhealthy friendships, assertiveness, substance misuse, and gang exploitation	<b>Setting goals</b> - Learning strengths, career options and goal setting as part of the GCSE options process	<b>Respectful relationships</b> - Families and parenting, healthy relationships, conflict resolution, and relationship changes	<b>Addressing extremism and radicalization - Communities, belonging and challenging extremism</b>	<b>Intimate relationships</b> - Relationships and sex education including consent, contraception, the risks of STIs, and attitudes to pornography	<b>Employability skills</b> - Employability and online presence