

## PSHE KS3 Curriculum Overview

### Drugs and Alcohol

Students are going to be looking at drugs and alcohol.  
They will consider the different types of drugs, their effects and the law surrounding them.

SMSC	Spiritual			Moral		Social			Cultural		
	1	2	4	2	3	1	2	3	1	2	3
PSHE: Health	1	2	3	4	5	6	7	8			
PSHE: Relationships	1	2	3	4	5	6	7				
PSHE: Wider World	1	2	3	4	5						
Citizenship	1	2	3	4	5	6					
British Values	Democracy			Rule of Law		Individual Liberty		Mutual Respect & Tolerance			

Students will learn about:

#### Types of Drugs

define what a drug is.

identify different types of drugs.

Think about ways of classifying drugs and evaluate their usefulness.



### **Effects and Withdrawal**

- Understand how different drugs affect the body and mind.
- Outline what happens during withdrawal from drug addiction.

### **Drugs and the Law**

- outline what the law in the UK says about illegal drugs.
- discuss if the law needs to be changed relating to drugs.
- consider what would happen if all drugs were made legal.

### **Assessment and Marking**

Much of what we do is discussion ; therefore formative assessment should be taking place throughout each lesson. There is not a summative final assessment in this unit; instead there are a number of activities, indicated by a purple dashed box which can be used as assessment activities.

These activities should be marked following the school marking system and through comment only marking. They should not be awarded an effort level. This will be done at the end of each unit only.

Comments should include something that was good about the piece and something they can do to improve it. This improvement could take the form of a question to get the student thinking or explaining their ideas more deeply and therefore offers opportunities for green pen reflection.



## Making Sense of Relationships

This series of six lessons for key stage 3, support young people in navigating the challenges and opportunities that relate to forming and maintaining personal relationships.

In an increasingly online world, young people should be supported in developing strategies for recognising unwanted, risky or harmful behaviours and keeping themselves and their private information safe. These lessons explore concepts and skills related to healthy relationships, gender stereotyping and sexual bullying, managing online relationships, the risks of sharing explicit images and the meaning of consent.

Pupils will learn about:

### Healthy Relationships

#### Core Theme 1:

#### Health and Wellbeing

**H2:** To recognise that the way in which personal qualities, attitudes, skills and achievements are evaluated by others, affects confidence and self-esteem

**H4:** To understand that self-esteem can change with personal circumstances, such as those associated with family and friendships, achievements and employment.

#### Core Theme 2:

#### Relationships

**R1:** The qualities and behaviours they should expect and exhibit in a wide variety of positive relationships (including teams, class, friendships)

**R3:** To further develop the communication skills of active listening, negotiation, offering and receiving constructive feedback and assertiveness

**R4:** To explore the range of positive qualities people bring to relationships

**R5:** That relationships can cause strong feelings and emotions (including sexual attraction)

**R6:** The features of positive and stable relationships (including trust, mutual respect, honesty, equality) and those of unhealthy relationships (including imbalance of power, coercion, control, exploitation, abuse of any kind)

**R8:** Different types of relationships, including those within families, friendships, romantic or intimate relationships and the factors that can affect these (including age, gender, power and interests)

**Core Theme 3:**

**Living in the Wider**

**Community**

**L1:** To recognise, clarify and if necessary challenge their own core values and how their values influence their choices.

SMSC	Spiritual				Moral			Social			Cultural		
	1	2	3	4	1	2	3	1	2	3	1	2	3
PSHE: Wellbeing	1	2		3	4	5	6	7	8				
PSHE: Relationships	1	2		3	4		5	6	7				
PSHE: Wider World	1	2	3	4		5							
Citizenship	1	2	3	4	5	6							
British Values	Democracy				Rule of Law			Individual Liberty			Respect & Tolerance		



## Moral Thinking

This scheme of work aims to develop the students critical thinking skills as well as their ability to explain and justify an opinion. This will be achieved through philosophical Thought Experiments and discussion.

	Spiritual				Moral			Social			Cultural		
SMSC	1	2	3	4	1	2	3	1	2	3	1	2	3
PSHE: Wellbeing	1	2	3	4	5	6	7	8					
PSHE: Relationships	1	2	3	4	5	6	7						
PSHE: Wider World	1	2	3	4	5	6							
Citizenship (KS3)	1	2	3	4	5	6							

Students will learn about:

### Thought Experiments

- consider how people make decision and form an opinion.
- understand what a thought experiment is.
- work through a number of classic thought experiments
- develop confidence in stating an opinion and defending it

### Armageddon

- apply the skills that have been developed in previous experiments to a whole class situation.
- participate in the experiment fully.

### SRE: Consent, Conception and Contraception

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	1	2	3	4	1	2	3	1	2	3	1	2	3
PSHE: Health	1	2	3	4	5	6	7	8	9	10	11	12	13
PSHE: Relationships	1	2	3	4	5	6	7	8	9	10	11	12	13
PSHE: Wider World	1	2	3	4	5	6	7	8	9	10	11	12	13
Citizenship	1	2	3	4	5	6	7	8	9	10	11	12	13
British Values	Democracy				Rule of Law			Individual Liberty			Mutual Respect & Tolerance		

The focus of this scheme of work is on intimate relationships and sexual relationships. It looks at different considerations and conversations that need to be had before people have sex, how to stay safe whilst having sex and the consequences of sex, particularly pregnancy and STI's.

Students will learn about:

### Consent

- understand what is meant by affirmative consent.
- define various terms relating to intimate relationships.



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→ consider the factors to consider before becoming intimate with someone.

### **Contraception**

- identify reasons for using contraception.
- identify different forms of contraception and how they work.

### **Conception and Parenting**

- identify options open to a women when she become pregnant.
- discuss the considerations to be considered before becoming parents.
- outline the rights of parents in the UK.